# URION SPÆTLIGHT

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#### Monera Continues Win Streak in Dancing with the Cypress Stars

Theater teacher Ms. Stewart finished 2nd with an act that included numerous costume changes

By JAYDEN KAY LINAYAO

Mrs. Monera continued her dent dancers included Jus- Stewart and students Arina dents Yana Pakhunova and creativity and stress-managedominating win streak in tin Vo, Jordyn Barber, Genthe annual Cypress Dancing esis Rivera and many more. finished in second place by utiwith the Stars competition ed in 2015, showcases the "Singing in students' choreography and using dance skills, by requiring each and tap team in the competition to Thehave at least one Cypress staff teacher member dance with them.

After all performances were complete, audience members could vote for their favorite act by placing their show ticket in the box with their favorite staff member's name. Additionally, could also add cash to make sure their favorite was the winner.

Participants included **Principal Brown**, campus security Carlos Garcia, Mr. Pfeiffer, Ms. Llewel-Ms. Winterton and Ms. White. Stu-

on Jan. 16, 2025. The Cy- Finishing in third place, Ms. including props and multiple upbeat dance to "APT" by by the students. "It was a lot the

Matiesu and Kimaya Sharma Nicole the entire

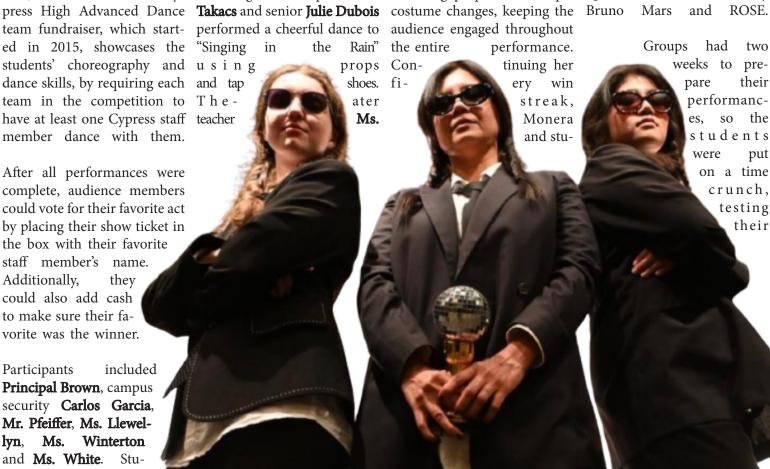
lizing their performance skills, hesive costume game and and genres, all choreographed Bruno

students everybody makes mistakes."

**Thatch** won over ment skills. The show conthe crowd with their co- sisted of all types of dances Mars and ROSE. of fun because I explored a different genre, but it was a Groups had two little challenging," said Danweeks to pre- iella Vega, Junior on Cypress their Advanced Dance. "I felt very performanc- nervous, and I almost let it get es, so the to me, but it's okay because

> on a time After the performance, while crunch, the votes were counted, senior testing William Mack, MC for the their night, sang an upbeat song to relieve some of the anticipation. "I chose a song that I knew I could sing really well, and I had confidence in singing it in a short amount of time," he said.

> > The judges, who were Cypress alumni, including dance coach Jordan Sims, a former Journalism staffer, added humorous commentary to keep the competition light.



Mrs. Monera and students Yana Pakhunova and Nicole Thach finished in 1st place for their performance. (photo by Rehansa Kulatilleke)

### Controversial Site TikTok Banned Then Reinstated Students Comment On How The Restrictions Effects Them

By TONY RODRIGUEZ



America Banning TikTok, why? (photo by Tony Rodriguez)

sees its political value. Trump,

Times, Donald Trump's opin- try to stop the ban. His change ion on TikTok has changed a of heart came around the same lot over time, mixing both pol-time he got support from itics and personal gain. Back in wealthy Republican donor Jeff 2020, he wanted to ban the app, Yass, who has money investsaying it was a national securi- ed in ByteDance, the company ty threat, but by 2024, he didn't that owns TikTok. Some people want Biden to do the same. Even think Trump only changed his TikTok were banned, it might though he once claimed TikTok opinion for his own benefit, not push users to other platforms

on TikTok, calls it a "special youd just politics, with users fected much by the TikTok ban way for free speech" and even worrying about its effect on because he'd just switch to other

According to the New York went to the Supreme Court to freedom of speech. Joaquin **Deras,** a junior at Cypress High School argues that banning TikTok would limit self-expression for many influencers, explaining, "there's, people that, are influencers, and that's how, they express themselves." If was dangerous, Trump now because he truly believes in it. like Instagram or YouTube. Leo Lopez, a junior at Cypress High who has millions of followers Concerns with TikTok go be- School, said he wouldn't be af-

apps. "I just go to other apps or are still unavailable. The ban es that banning TikTok would panies that support TikTok, like impact entertainment and me- Oracle, which hosts its data in dia trends. While Deras sees the U.S. Service providers wor-TikTok as vital/important way ried about facing huge fines, up for self-expression, Lopez sees to \$5,000 per user, if they conalternatives that could reduce tinued allowing access. While its cultural influence but allow Trump's plan gave temporary creators to thrive. This reflects relief, companies still face unthe broader debate: Is banning certainty about future rules, TikTok about national secu- and TikTok's long-term status rity or an attempt to silence a in the U.S. remains unclear. platform for free expression?

posed a plan giving the U.S. a speech are all connected. 50% ownership stake, delaying While some see it as a securithe ban. This reassured service providers, allowing them to restore access for existing users, though new downloads are still blocked. The ban happened because a new law blocked apps owned by foreign adversaries, and the Supreme Court upheld it. This led to TikTok shutting down, causing frustration among its 170 million U.S. users and leaving concerns for businesses relying on the platform. Even though service was restored, other apps like CapCut and Lemon8 remained blocked, and new downloads of TikTok

websites," Lopez acknowledg- also created confusion for com-

The TikTok ban shows how President Donald Trump pro- politics, business, and free ty measure, others believe it's more about power and control, leaving its future in the hands of the U.S. uncertain.

> "I've played these games before"



#### TRUMPS' PLAN FOR PRESIDENCY

By ANTONIO SANDOVAL & BRYANA BENNETT

Donald Trump was sworn in on sports," and asking Congress the 20, of January 2025 as the 47th they require there be only two

During his presidency, Trump A main topic that was focused goods. The most notable in-

next four years, he will pay off to try and collect oil from the other countries, which would drop consumer prices by almost at home is to make America the largest energy producer, this promise would also help Part of the plan for the next four president also promised a tax access to the global finance syscountry's history," said Trump.

Wanting to end "boys in girls' ate use of Special Forces and

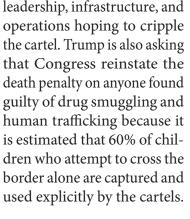
President of the United States. genders recognized at birth.

wants to impose tariffs on all on while Trump was running imports, adding a 10 to 20 per- was deportation. There are an cent increase on all imported estimated 11.7 million illegal immigrants in the US and creases would be a 60% tariff Trump is promising a mass increase on Chinese imports deportation of these illegal and a 25% increase on goods immigrants. Trump isn't against from Canada and Mexico. people immigrating into the US but wants it to be done Trump is promising that over the the right way. Trump wants to close the border because 573 the United States debt of \$36.17 thousand pounds of illegal trillion dollars. He also wants drugs were seized by Border Patrol in 2024 and it's estimated US instead of importing it from that only 10% of illegal drugs are seized. Trump wants to end the fentanyl pandemic half. His goal in collecting oil by fortifying the border and strengthening military power.

to decrease inflation. The 47th years is to cut off the cartel's cut of 15% to 21% which would tem. Trump pledged to destroy be "the largest tax cut in our the drug flow into America by deploying the US Navy to ensure that drugs can't be smuggled Trump is calling for a cut- via the region's waterways. back on diversity, equality, The Department of Defense is inclusion, or DEI programs. being asked to make appropri-

cyber-warfare to damage cartel leadership, infrastructure, and operations hoping to cripple the cartel. Trump is also asking that Congress reinstate the death penalty on anyone found guilty of drug smuggling and human trafficking because it is estimated that 60% of children who attempt to cross the border alone are captured and used explicitly by the cartels.

During his presidency, Trump plans to shut down the US Department of Education wanting to give the states full power over education as well as forbidding gender identity, sexual orientation, critical race theory, or any inappropriate or political to be taught in the classrooms. Trump is proposing a plan to create "The American Academy." He plans to finance it by taxing large private universities to create a "world-class education available to every American, free of charge" This new Academy would directly compete with expensive fouryear universities by granting full degrees equivalent to a bachelor's degree that would be recognized by the US governments and federal contractors.



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Inauguration. (photo by Google)

### New Wellness Room Opens For Overall Wellbeing On Campus

By ADAM HAWARI

Room 309 is now the Wellness Room, where students can get a helpful "15-minute break". In this 15-minute break, students are allowed to rest through relaxing and therapeutic activities. Including; napping, sitting down, coloring, puzzles, and sound and aromatherapy. "It gives students a timeout like in sports," Mr. Hurtado, the school counselor said.

Additionally, the Wellness room will be open for the school's psychologists, social workers, and student counselors. "Staff members and social workers plan to assist in running the

Wellness room by taking turns High School. They utilized vito monitor students using the space," school social worker Bristol Lopez said. Social workers in the Wellness room allow students to hold social-emotional groups and provide individual sessions for students.

Valentina Villarreal, a 2024 grad, and her team, worked with Wavmakers to "create an overall set of goals and visions for the space," Villarrael explained. The group's passion for mental health advocacy inspired them to create the room, envisioning that students need accompanying resources for sion boards, to make the space including fitting shades of colors, and a natural theme for the room's atmosphere. They also helped come up with activities and coping mechanisms essential for students in the room.

The emphasis of student resources becomes relevant now more than ever in schools. Mr. Hurtado explained, "Our emphasis as academic counselors is making sure students are on track to graduate," but, "without your mental being, all that is meaningless." With the addition of the Wellness room,



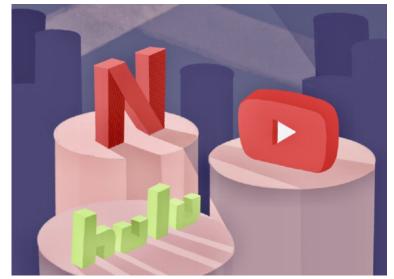
The new wellness room is opened for students. (photo by Adam Hawari)

the importance of student balance can be achieved. "Forgetting to take care of myself got in the way of my academ-

The future for student resources has more potential since the Wellness room is added. Hopefully the utilization of the Wellness room will Villarreal remembered. help the wellbeing of students.

## **Streaming Platforms Raise Prices Despite Consumer** Backlash: Will the Cost of Convenience Be Too High?

By GRACE KIM



The increased subscription prices is affecting both old and new users and is now becoming a common trend line with the most popular streaming platforms. (drawing by Grace Kim)

With 2025 on the rise, Netflix, are the causes, it's easy to see YouTube, Hulu, Apple TV+, and Disney Plus are increasing their prices once again which means Netflix: their millions of subscribers will the services. The steep increase in prices has made quite a few viewers ask themselves whether the value of these services subscription fee. Other factors include the new features the already expensive content.

subscription prices is affecting with the most popular streaming platforms. Although most people are quick to point out that inflation and competition

why consumers say otherwise.

now have to spend more to use Among the many platforms, Netflix has made some of the most drastic changes. Business Insider notes, the company had its third price increase within two is worth the ever-increasing years in October 2023. The plan with advertisements now costs \$6.99, while the ad-free standard being constantly introduced, plan costs \$15.49 per month. In and competition increasing addition to the jaw-dropping \$22.99 per month, Netflix now charges for the premium plan The trend of increasing the which boasts the highest video quality without interruptions both old and new users and is The company has also begun to now becoming commonplace crack down on password sharing, forcing users to pay \$8 dollars for each additional person outside the primary household.

#### YouTube TV:

YouTube's primary service package has also had steady price increases in recent years. Based on the information provided by Associated Press, while Youtube started with a base price of \$35.00 a month in 2017, the new customers are now charged \$82.99 a month; this recent change is in fact an increase from the \$72.99 rate the company was previously using prior to the change. The company attributes "increasing content cost" to be the major justification for their price change. This claim is being repeated throughout the industry. As YouTube TV raises its prices, it finds itself in direct competition with other live TV streaming services, where Hulu + Live TV also put up their prices to \$82.99 for the ad-based service. The trend of increasing rates in live stream services is driven by the increasing demand for package subscriptions which offer Disney+ and Hulu services together with other benefits.

#### Disnev+ and Hulu:

According to USA Today, Disney+ raised its subscription prices across various plans starting October 17, 2024, impacting both current and new subscribers. The basic Disney+ plan with ads increased from \$7.99 to \$9.99 per month, while the ad-free Disney+ plan rose from \$13.99 to \$15.99 monthly or from \$139.99 to \$159.99 annu-

and Hulu, the ad-supported bundle price increased by \$1 to \$10.99, while the ad-free bundle remained at \$19.99. ESPN+ saw a \$1 price hike to \$11.99 per In addition, the crackdown on month, and standalone Hulu increased to \$9.99 monthly with ads or \$18.99 without ads. Hulu + Live TV also saw increases, with the ad-supported plan rising from \$76.99 to \$82.99 monthly and the ad-free version climbing from \$89.99 to \$95.99. While Disney integrated Hulu into the Disney+ app for those subscribing to both services to simplify access earlier in 2024, the prices will continue to skyrocket as better "deals" are being provided.

#### Is the Cost Still Worth It?

For many consumers, these price increases are beginning to feel like a step too far. While the companies behind these services are arguing rising costs and the need for more investment in original content to justify the hikes, viewers are left questioning whether the value of these services still holds up.

The addition of ads to previously ad-free services has also left many frustrated, especially when these platforms have previously promised a better user experience in exchange for higher fees. Senior **Katherine Cho** said, "The price rising sucks and I feel like the companies will keep raising prices until people completely

ally. For those bundling Disney+ stop using it. They are trying to make as much money as possible by stretching the max amount of money people are willing to pay."

> password sharing is viewed by many as a direct attempt to squeeze even more money from users who have traditionally shared subscriptions with friends and family. As these platforms continue to push for higher prices and more ads, viewers may soon find themselves wondering if the convenience of streaming is worth the ever-increasing price tag. Freshman Joy Kim shared, "These platforms should be accessible amongst families because we want to spend time together watching our favorite shows. Putting in more ads and even adding more subscription fees for additional members is ruining the purpose of having quality time that is supposed to be promised by the companies."

As the competition for subscriber money intensifies, the pressure on streaming services to maintain user satisfaction and profitability remains high. However, with rising subscription fees and the declining value for consumers, the streaming boom could face new challenges in 2025 and beyond. For now, many are left weighing the costs of their favorite streaming services against the entertainment options available in the evolving media landscape.

## Winter Outfit Staples for the Upcoming New Year

By AMY PARK

Cypress High School students were asked for their "must have items" for their winter outfits. have become the center of attention, shaping teenagers' ward-

have item in their wardrobes for winter. These consist of a wide range of items including boots, warm and puffy jackets, and more. All these staples are essential for the winter season as they keep you warm while adding a touch of uniqueness.

Jude De Leon, a senior at Cypress High School said, " I thrifted this vintage Ralph Lauren half trench coat which is khaki colored, which is my winter essential this year." Recently, trench coats have come back in style with their chic, mature, and classy look. Many people pair their trench coats with trousers, jeans, a dress, and skirts

As the cold season approaches, with a simple top underneath. Puffer jackets have become increasingly popular and have remained consistent with their Influencers and trendsetters practicality. Mr. Payne, an English teacher at Cypress High School said "My winter staple robes while leaving a lasting this year is this puffer jacket impression on fashion trends. from Costco that my wife gifted me. I wasn't too sure about Everyone has their own must it at first but after wearing it for the first time, I received three compliments on it. It's super comfortable so this is a skirts paired with knee high must-have for the cold season."

cardigans, trench coats, scarfs, Regarding accessories, Patrick **Cheung**, a senior at Cypress High School said, "Some nice warm socks are always nice to have in my wardrobe." During winter many people wear fuzzy socks, knee length socks, fleece lined socks, or cable knit socks mainly for their thickness.

> Joie Do, a senior at Cypress High School said, "I like wearing fleece lined tights under my pants to keep me warm." Wearing fleece lined pants can be paired with even skirts to cre

lined texture keeps one warm while maintaining its style.

Gabby Duran, a senior at Cypress High School said, "I really like pairing my winter outfits with scarfs to make my outfit cuter." Lately, scarves have made a big comeback on social media. Many influences include big chunky scarves in their winter outfits to add a warm but stylish accessory to their outfits. Investing in classic winter staples not only offers warmth but also adds a classic signature to the winter season. These pieces are more than comfort; they are the perfect blend of personal style and functionality everyone needs.



ate an illusion while the fleece A Collage of Cypress High School Students and Their Winter Essentials. (photo by Amy Park)

### New Year, New You: **Setting the Tone for 2025**

By REINA TAKAGI

Forester learned that hard work helped him through the year.

As we head into 2025, people best to "refocus and resituate." from all over the world look for- Like many others, Sophomore ward to making New Year's res- Gabriel Camacho's resolutions olutions. Symbolizing growth include focusing on mental and change- these resolutions health. Camacho said, "2025 is are an opportunity to continue the year I want to be more fopractices, accomplish personal cused on myself, and branch goals, and improve behavior. out to set ways to emphasize who I can be." Social media is a For Junior Devan Forester, tool that inspires him to accomcarrying over last year's hab- plish his goals. "Although it can its is important. Some would be controversial and sometimes include doing Bible devotion- leads to unrealistic mindsets, seeals in the morning, stretch- ing people my age accomplishing ing, and singing. Forester's the goals I want pushes me to an inspiration for setting and extent where I want to keep goaccomplishing goals come ing." Camacho is inspired by the from the people around her. videos and posts he sees online, The theater student recently which he plans to continue usstarred as Laurie in Cypress ing to motivate himself. He said, High School's production of "2024 was a year that taught me Little Women, and said she is, it's okay to feel behind amongst "inspired by all the people I act your peers." Camacho expressed with and the people that I look his gratitude for social media up to for their skills." In 2024, and his closest friends, who



People celebrated the New Year all around the world. (Photo by Reina Takagi)

pays off. "I appreciated seeing me be able to do things that Daphne True, an English teacher

more active in school and to things are going to be okay." keep in touch with friends. Bui's inspiration for setting Making New Year's resoluit does happen, she tries her ter time to set a goal than now?

when I was younger, I always at Cypress High School, suggests wanted to do," she expressed. for her students to have new semester resolutions and habits Junior Kaylee Valdez's goals that they want to enact for this for the new year are to get her new year. Breaking down work grades up and participate in into smaller chunks, and followactivities that will benefit her ing a more consistent schedule in the future. Valdez's support are some of her own resolutions. and inspiration comes from her True competes with herself, friends and family. She said, "I which inspires her to set and acdon't have a lot of high expec- complish goals. She said, "I try tations from everybody. They not to compare myself to others, just want me to do the best I but instead look at times that I can do, and people trust the have felt successful and times I choices that I go through." Val- feel not so successful." To stay dez learned a lot from the past accountable for goals, True sugyear's experiences, and also gests and is planning on giving from the advice she got. From herself regular reminders, checkthis, Valdez expressed how she ing on stress and workload lev-"learned more and more how els, and "addressing the things I to carry [her]self mentally, and need to address in the moment," how to be better as a person." True explained. When asked what she learned from 2024, Junior Lain Bui's resolutions True answered, "Even when it for the new year are to be feels like the world is ending,

and accomplishing goals is, tions gives us the chance for a "Looking around and seeing fresh start. Universally known my friends who seem to be re- about and practiced, goals ally passionate." It is hard to made in the New Year prostay accountable, and Bui ad- vide a sense of direction for mitted that she does tend to the future and motivate us to get off track. However, when be our best selves. What bet-

#### What Is The Hardest Class At Cypress: Some students have many AP classes on their schedules-but which ones are the toughest?

By MINNEL VEGA



Teachers and students have strong opinions on how to survive a difficult class. (Photo by Minnel Vega)

na Kuchibhotla says, "For me, the 'why' is helpful for some loved the content of the course." I think it is Physics because it students that may not be moanother one and you have to

students who take them. How- kind of believes in themselves." hard work, they can succeed in it.

AP Language and English II Honors teacher Mrs. **Hiba Taylor** says, "I think it's in my passion for the subject and my enthusiasm for certain texts that get students curious about what we are reading. I do a lot of "cheerleading" and try to offer feedback to push students to improve in writing and analysis. Also...I have a generous grading curve."

Teaching students in an AP class is challenging. But to make sure students master the advanced course, teachers have to enjoy Every student has a class that ever, to encourage students to teaching them. Mr. Eastridge stands out as the most chal- succeed in these classes, teach- said he decided to teach AP belenging. Some classes are ers motivate students while cause he thinks, "It's a privilege hard because of the workload preparing them for the AP test. because you work with students for projects, tests, or home- AP Government teacher, Mr. who are more committed to rework assignments, while oth- Scott Eastridge explained that ally trying and more genuinely er courses are hard because for a student to be motivat- interested in trying to learn." of the subject matter itself. ed they have to change their Mr. Rueter added, "It's students perspective about school, "I who have chosen to take the Cypress High School has sever- think it's fair for a student to class, rather than being forced al challenging classes involving say 'Why am I learning all this into it. It challenges me, the AP Calculus, AP U.S. History, stuff?' And then if a student can idea of getting a group of stu-AP Physics, AP Biology, and AP come to their own understand- dents ready every single year to Literature, pushing students to ing, like 'This is why I come to take an AP exam and hopefully their limits. Senior **Emily Hong** school and this is why I'm here, pass an AP exam." Mrs. Taysaid, "I think the hardest class is I think it's so much easier for lor says, "I earned my Master's one of the math classes like Cal- them to be motivated. They're Degree in Rhetoric and Comculus B.C. From what I heard not doing this for their parents. position, which is essentialthrough my friends, they strug- They're not doing it because ly what the class covers, so it gle with it a lot." Junior Vinuth- their teacher made them. I think seemed like a natural fit and I

takes one equation and goes into tivated about their education." In the end, is it the bigger impact on student's time management memorize all the information." AP World History teacher, Mr. or the amount of work teachers Ryan Rueter says, "I'm super assign? 10th-grade counselor But what makes a class hard? A lucky that the students I teach Ms. Amanda Lu, says, "I think class can be hard for many rea- already have a lot of internal that time management is a skill sons, but is it the subject itself motivation, so I think on top many students are very much that's hard to understand or the of that making sure they un- still learning. With regard to number of tests or homework derstand they can do it that what teachers are assigning and that comes with it? Freshman when it's challenging and even the amount of work that teach-Yashika Patel shared, "I think when we're grinding our way ers are assigning, ultimately all the material makes a class hard. through DBQ's and writing. It's of that is intended to help stu-If the subject matter is hard, then just a matter of being able to dents prepare for exams wheththe class will be hard. If the topic produce those skills when the er it's an AP exam or even a quiz is easy, then the class will be easy." time comes and that way they that they might be having." Of can do well in the class and course, all students have a chal-Depending on the AP class, do well in the exam so I think lenging course, but with the the difficulty level can differ for it's just making sure everyone guidance of a good teacher and

#### Sarah Binford Named 2024 Teacher Of The Year

By BETTY LANGRINE

History, and is the adviser for ASB. spirit that she puts into her work. a deserving winner of this award. She has had a career in education for

Throughout her years at Cypress High, Binford has demonstrat- Binford's involvement in ASB

teachers nominated," she said, "so I ASB President Aimee Bunsirisert.

A dedicated educator at Cypress feel very happy to be selected for the Sarah Binford's impact goes be-High School, Sarah Binford has Teacher of the Year." Her humility yound the classroom through her been named CHS 2024 Teacher of and appreciation for her fellow ed- involvement in various school acthe year. Binford teaches AP U.S. ucators highlight the collaborative tivities. Her work ethic makes her

11 years, and started her teaching Seana Brief, a nominee, spoke career as a substitute in 2009 before highly of this year's teacher of the she went on to a full-time position year. "Binford is incredibly busy in 2013. This recognition is particu- and does everything," Brief relarly special for Binford, as Cypress marked. "She's involved in ASB High School is also her alma mater. and all kinds of other activities on campus. She truly deserves to win."

ed her commitment and passion showcases her dedication to enfor her profession. Her dedica- riching the student experience tion has not gone unnoticed in- beyond the classroom. Her ability fact she was nominated other to juggle various responsibilities times. This year, though, is the while maintaining a high standard first time Binford won the award. of teaching shows why she was chosen for teacher of the year. "She is Binford expressed her gratitude an amazing teacher who shows she and honor at being recognized by cares with how she treats us. She's her peers. "There were a lot of great a teacher who deserves it," said



Sarah Binford is the ASB adviser, but she is often mistaken for her twin sister, Head Counselor Mary Binford. (Photo by Betty Langrine)

#### **Introducing Best Buddies: A Beloved Tool** to Bring the Cypress High Population Together

By ZOE CHUNG



Attendees of the 2024 Best Buddies Prom enjoy spending time together while taking pictures at the photobooth. (photo by Deborah Son)

club at Cypress High School, to [the] students and support fosters relationships between them with the budget." The students with disabilities and the club is mostly student-run, general education community. with the board being in charge

and special education teacher, efforts to embolden the stugave insight on the goings-on dent board to be creative and of the club. "It's common for come up with fresh, fun ideas. I think this is pretty universal, students with disabilities to have a hard time making friends, so Something Best Buddies hopes often have much experience with students with disabilities." Whiting's favorite part of being

"[serves] as the liaison between on her students and the general the students with disabilities education population at Cypress. and the Best Buddies board. "I love watching my students [She helps] with coming up grow in the amount of relation-

Best Buddies, a student-run with ideas that will be of interest of handling the meetings and **Emily Whiting**, the club's advisor events. In support, she makes

it's awesome to give them the to accomplish in the next opportunity to be included." few years is to attract more she shared. When reflecting students, while giving them the on the positive impact of Best incentive to stay committed Buddies on the Cypress High throughout the whole school year. community, she explained that "We usually have a lot of mem-"while students with disabil- bers at the beginning of the ities get to make friends and school year, and then attenexpand their relationships at dance declines by the end of school, the club notably has the year, so we want students a positive impact on the gen- to stay committed throughout eral ed population who don't the whole year," says Whiting.

Best Buddies' adviser is that it As the club's adviser says, she leaves many lasting impressions

ships and connections they have at school, and I like hearing how families are impacted and thankful for their students getting more of a 'quintessential' high school experience." she stated. Her favorite event for Best Buddies is the annual Best Buddies Prom. "My favorite event, and is Best Buddies Prom, which is usually held in the first week of May." This event is open to Best Buddies members, as well as any Cypress students interested in attending. Best Buddies Prom is held "either at Cypress Community Center or Cypress Senior Center." However, some students might describe Halloween Movie Night as their favorite event, making both Best Buddies Prom and Halloween Movie Night the most beloved events.

If you are interested in what this club has to offer, Best Buddies meets every other Thursday in the Media Center, with the next meeting being held on February 13th.

#### On the Road to Change: **Advocating for Safer Crosswalks**

By DEBORAH SON

Kalayarasan a senior at Cypress High ty. Being able to physically School voiced his concerns make our community safer regarding unsafe crosswalks makes me feel satisfied, and at the intersections of Moody brings on a whole new level Street and Marion Avenue of accomplishment," he said. to the Cypress Traffic Commission Committee on Dec. Despite facing multiple ob-10, 2024. He has worked on stacles including a lack of this issue for four months time and extra hands in and has made significant bringing his project to life, progress toward his goal. he persevered and raised

In Cypress High School AP sue he encountered in hopes Government classes, stu- of making others feel safer. dents are required to con- After countless hours of restruct a civic action project search, he was able to bring as part of their curriculum. forward an effective solution: These projects are intended adding lights to the affected to push students into the real crosswalks. "The civic action world by encouraging them project helped show me how to participate in addressing I can make a real difference in social, political, personal, our community, and I hope and community issues. By that the pedestrians who fretaking the initiative, students quently use that crosswalk have the opportunity to en- will feel safer when crossing gage in advocacy and service the street," Thangamani said. while empowering individuals to make lasting changes. Not only does this civic ac-

I have actually made a dif- to the school community.

Thangamani, ference in our communi-

awareness regarding the is-

tion project actively chal-Thangamani aimed to raise lenge students to apply their awareness regarding the understanding of governdangers of inadequate quali- ment processes to the real ty crosswalks while physical- world, but also allows stuly making our community a dents to contribute a meanbetter place. "The success I ingful change to society. have had with my civic ac- Thangamani is a true reflection project makes me feel tion of what this goal means



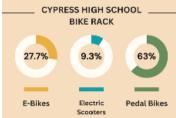
Kalayarasan Thangamani, a senior at Cypress High School has been working on this Civic Action Project for four months and felt the traffic comission was supportive and open minded of helping the community. (photo by Deborah Son)

#### The Rise of E-Bikes: Convenience Meets Controversy at Cypress High School

By YAZEED ALBADARIN



More students are riding e-bikes this year. (photo by Yazeed Albadarin)



A survey conducted on January 14th, 2025 showed a noticeable increase in E-bike usage. (photo by Yazeed Albadarin)

E-bikes have become a common sight in high school bike racks. A recent survey conducted by a Cypress High School student revealed that 27.7% of bikes and scooters on campus are e-bikes, while 9.3% are scooters, and 63% remain traditional pedal bikes. E-bikes are so great because they don't require a license, registration, or insurance.

Eighth-grader **Amro Obid** from Lexington Junior High School shared his experiences with e-bikes, highlighting both their convenience and the dangers he has faced. "Riding an e-bike is really enjoyable, but I've been in a few crashes," he explained. "I've been hit by a car. At first, I didn't care much about safety, but after breaking my leg I had to be on crutches and I wasn't able to do sports, I've With the rise in e-bike-related learned to be more cautious."

Amro also noted the mental and physical toll of these incidents, saying, "Not wearing a helmet during those crashes made things worse. I had to take bike safety classes, and now I always ly." Despite the challenges, Amro acknowledges the convenience Eleventh-grade Elias Al-Hawari of e-bikes. "My dad works a lot, so having an e-bike gave me a

way to get around. They're quick and affordable, but it's important to use them responsibly."

accidents and thefts, some community members advocate for stricter regulations, including registrationandspeedlimitations. These measures aim to improve safety and accountability, especially as more teens adopt e-bikes as their primawear a helmet and drive careful- ry mode of transportation.

> from Cypress High School says "I've had amazing experienc

es with e-bikes." But, he proposes that "bikes that can hit speeds of 50+ miles per hour should be registered. Or you should take a safety class."

E-bikes have revolutionized how teenagers commute, offering a practical and eco-friendly alternative to traditional bikes. However, as their popularity grows, so do the challenges of ensuring safety and proper use. Parents, schools, and local governments must work together to promote responsible riding habits and implement measures that keep everyone safe on the road.

#### Cavetown Fall Tour

By YOSUANY (YOSHI) VAZQUEZ MORENO



Cavetown performed at the Knitting Factory Concert House in Spokane (photo by Vivid Seats)

24, 2024 in Albany, New York, at The Egg and will Tickets went on sale apend on February 16, 2025 proximately two weeks bein Spokane, Washington, in fore the concert began, and Knitting Factory Spokane. are still on sale as of Janu-Previously, from October ary, with more on presale 24 through November 14, for concerts after the tour. Cavetown performed with Frankie Cosmos, and will perform with illuminati hotties from February 11-16. Following the Fall Tour, they will continue to perform regularly through 2025.

The known setlist (posted but still open to change) is ing to thier Fall Tour. let them know they're on (photo by Greeblehaus)

Beginning February 11, your mind, 1994, Sweet 2025, indie band Cavetown Tooth, heart attack, worm will be returning to their food, Juliet, frog, Lemon Fall Tour after a brief hia- Boy, Pigeon, juno, fall in love tus on November 14, 2024. with a girl, Guilty, alone, obvious, Boys Will Be Bugs, The tour began on October Home, and Devil Town.



Indie band Cavetown will be return-

#### CHROMAKOPIA: World Tour

By YOSUANY (YOSHI) VAZQUEZ MORENO

Starting February 4th, 2025, Tyler, The Creator will begin a world tour for the eighth studio album in his discography, "CHROMAKOPIA", marking the seventh concert tour he's done for an album. "CHROMAKOPIA" released through Columbia Records on October 28, 2024. The album was a follow-up to his 2021 studio album, "Call Me If You Get Lost." In contrast to most albums, it takes a deeper approach on his romantic situationships, worries of aging, and settling down. He also



Tyler the Creator's 8th album is "CHROMAKOPIA". (photo by Cosmo-

is right, it's about the com- ally, Lil Yatchy and Paris Noire)



Tyler, The Creator performing in Camp Flog Gnaw for his new album. (photo by B-Sides)

The tour's setlist is com- the tour as supporting acts. piled of all 11 songs in the and arranged by Tyler, The Tuesday, February Wayne), Take Your Mask sale for the general public. Off (Featuring Daniel Caeexpresses a constant fear of sar and LaToiya Williams), being judged as a public fig- Tomorrow, Thought I Was ure and reveals those same Dead (Featuring ScHoolboy things he's scared of being Q and Santigold), Like Him judged for. There's a diffi- (Featuring Lola Young), cult choice to be made in his Balloon (Featuring Doelyrics and "CHROMAKOP- chii), and I Hope You Find IA" isn't about which choice Your Way Home. Addition-

plexity of the choice itself. Texas are performing at

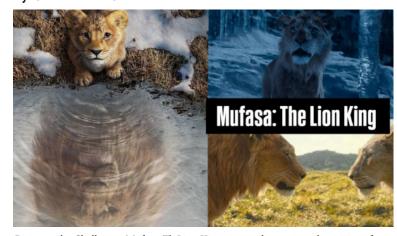
album, written, produced, The world tour starts on Creator himself. The songs 2025, at the Xcel Energy include St. Chroma (Featur- Center in Saint Paul, Mining Daniel Caesar), Rah Tah nesota, performing all over Tah, Noid, Darling, I (Ft. until it concludes on Sep-Teezo Touchdown), Hey tember 5th, 2025, at RAC Jane, I Killed You, Judge Arena in Perth, Austra-Judy, Sticky (Featuring Glo- lia. As of November 1st, Rilla, Sexyy Red, and Lil 2024, the tickets went on



The tour will start on February 4th and end on September 5th. (photo by Greg

#### **Growing Alongside The King Before The Throne**

By CARLY PEDROZA



Rising to the Challenge: Mufasa: Th Lion King gives a glimpse into the origins of a kingdoms legacy. (photo by Carly Pedozra)

newest animated films, "Mufasa: The Lion King" on December 20, 2024. Directed by Barry Jenkins, this film dives into the backstory of Mufasa, taking the audience through the leader of the Pride Lands. The movie gives fans a better view on one of Disney's well-loved characters. The film takes us to a time before Simba, showing Mufasa's early life, struggles, and how he took over the throne.

The film features the voices of actors, with Aaron Pierre as the voice of young Mufasa, Kelvin Harrison Jr. as the voice of Scar, Billy Eichner and Seth

and Pumbaa, John Kani as

The movie goes into Mufasa's childhood, exploring his origins and the challenges he faced before becoming king. We see how his giving the audience a sense of Scar takes a turn for the worst. to the world of the Pride Lands. The main focus of the movie is Mufasa's growth as a leader With an emotional and thrillwhile learning to balance his ing backstory to one of the well kindness, on top of his relationship with his future wife/queen, history, Mufasa is a great ad-Sarabi. The movie highlights dition to the Lion King. The loyalty, family, and destiny while film expands the world of the sharing Mufasa's past, demonstrating that wasn't always the how Mufasa's past brings him

brings the audiences closer to the character and takes us into the past of the Lion King universe.

"Mufasa: The Lion King" connects to the 1994 original and the 2019 remake by expanding more on Mufasa's backstory. It gives viewers an in-depth backstory on his rise to the throne. While the 1994 film focuses on Simba's journey, the 2024 movie shifts the spotlight to his father, showing how Mutasa became Disney released one of their Rogen as the voices of Timon the strong leader who would one day guide Simba. The movie Rafiki, and Beyoncé as Sarabi. brings in the details of family and the Circle of Life with references to the newborn cub from the original movie. This scene connects the two films together, relationship is with his brother, continuity while adding depth

> known characters in Disney Pride Lands. While showing calm and wise figure. This film to be how he is in his future.

#### COMIC













### Squid Game Season 2: The Game Is Back With New Twists

By MIFRAH BAWANY



Squid Game is back with its long-awaited second season. (photo by Mifrah Bawany)

Netflix's popular series *Squid* running the deadly games and Hwang In-ho (Lee Byung-hun), *Game* is back with its long-await- stop them. Season 2 promises The new season, set in a secret Seong Gi-hun (played by Lee meet familiar and new characters. truth behind the organization stop the games. The frontman, who lost everything. Each per-

plays a bigger role by even ed second season, which pre- even more drama and suspense joining the competition. New miered on December 26, 2024. with new players and games. players include Kang No-eul (played by Park Gyu-young) location like before, follows In Squid Game Season 2, we a former soldier with a tough past, Kim Jun-hee (Jo Yu-ri) a Jae) as he reenters the deadly Seong Gi-hun, the main characy young mom trying to care for competition. This time, Gi-hun ter from Season 1, is back and her child, and Lee Minyeong-gi has a purpose: to uncover the more determined than ever to (Yim Siwan), a businessman

son has reasons for joining Season 1, the focus was on the games, and their stories introducing the games and make the season even more shocking the audience with

Season 2 continues the story by exploring the dark and dangerous world of games. New contestants join the games, each with heartbreaking stories and reasons for being there. Gi-hun faces even tougher physical and emotional challenges as he tries to survive while also working on exposing the truth. One of the biggest twists is that the organizer of the games, Hwang In-ho also known as "The Front Man" becomes directly involved in the competition. After running th e games behind the scenes in Overall, Season 2 shows that Season 1, In-ho entered as a

from the first season. In up

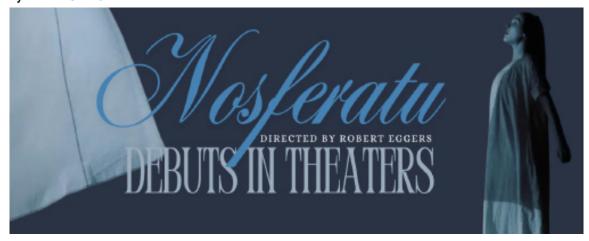
intense as they fight to survive. the brutal challenges. It was all new and surprising, which made it hard to look away from. Season 2, on the other hand, is more about the character's backstories and exploring how the games are run behind the scenes.

> In conclusion, Season 2 of Squid Game takes the story to a deeper and more emotional level. Some viewers thought that Season 2 focused more on ending the game, and now they are expecting Season 3 to be more about the people running the games and the games themselves.

the fight for survival isn't player for initially unclear reasons. just about winning the game —it's also about uncovering Season 2 feels different the truth and standing what's right.

#### **Nosferatu Now Features in Theaters**

By REHANSA KULATILLEKE



Nosferatu has earned over \$150 million in the box office. (photo by Amy Park)

fans of the 1922 cult classic

Orlock from the townspeople who have witnessed the Reading Movies: Film Lit- from people all over the world. horrors of Orlock. Thomas eracy teacher, Mrs. Monera later grows aware of his past explained, "In the first iteration Nosferatu continues to be one and tries to flee his mansion, of it, Orlock sought her out of the most influential films but ends up getting trapped and he had seen Ellen from even after one hundred years of attempting his escape. Orlock her husband...In this movie, support from across the globe.

as Ellen Hutter, and Nicholas leaves the audience devastated Hoult as Thomas Hutter. Where by the sudden turn of events. The original film by F.W. Mur-

have been waiting for over a While most of the main themes Nosferatu: A Symphony of century for its appearance. from both the original and Horror was initially inspired novel were still kept in the by Bram Stoker's novel Drac-The film follows the story remake, there were many new ula, where many of the main of a vampire, Count Orlock additions to the film, includ-themes were enacted in the film. (Skarsgård) who grows obsessed ing how Ellen is introduced After the production of the with the wife of an estate agent, to Count Orlock. In the 1922 1922 Nosferatu, Bram Stoker's Ellen Hutter (Depp). The film version, Count Orlock finds wife, Florence Stoker sued starts with Thomas Hutter out about Ellen through a the company for copyright (Hoult) being tasked to travel picture of Ellen in Thomas's infringement where all prints from England to the count's locket, while in the remake of the film were set to be demansion where he is met with Ellen calls out for Orlock in stroyed. However, by then, it disturbing details of Count search of companionship. was pointless since the film

Robert Eggers's remake of starts his journey to England the idea is that she summoned F.W. Murnau's 1922 Horror while plaguing the people on him." Another minor difference silent film, Nosferatu debuted his way. Meanwhile, Ellen has is the additional characters, in theaters on December 25th, consistently been haunted by Anna Harding (played by 2024. The film stars well-known visions of Orlock. The reso- Emma Corrin) and Professor actors such as Bill Skarsgård as lution of the film results in Albin Eberhart Von Franz Count Orlock, Lily-Rose Depp a tragic act of sacrifice that (played by Willem Dafoe).

> nau's 1922 Horror silent film, already gained a large following

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#### Cypress Boys Basketball: Start to the Cypress High Basketballs Season

By BRYANA BENNETT

Cypress boys basketball defeat- year," Hayden Roberts, a senior stated, "We're not individuals, ed La Habra at home on January forward wing, said. This amazing 21, 2025, in a close game that had achievement moved Cypress Basthe crowd cheering on their feet. ketball up to rank 65 in the state.

In the last 40 seconds of the rentvariety team feel empowered to game, Cypress was down 60-63. make it even farther than last year. Then Gavin Kroll (#22) made a

Round 3 CIF is the far- thest we've

ever gone for basketball,

and we're

and do

it again

try

two-pointer, lifting the score to One of the incredible things at 62-63. And in the last 14 sec- the basketball games is the energy onds, Hayden Roberts (#4) made brought by the crowd. Senior fora three-pointer, securing the win ward Jackson Houston said, "It is for Cypress with a final score of really great to have people show 65-63. An achievement during the up and support, it truly shows game was made by junior Ryan how close everyone is at Cypress." Gov (#1) who became the sixth Ethan Mai, a junior point guard, person in Centurion history to added "The Cyp-hype crowd really score 1,000 points. Gov stated that helps us bring energy to the game "it was a big milestone and it feels and rattles the other team." This really good to accomplish that." energy really helps the crowd feel

These achievements make the cur-

involved and makes the players The boys basketball team at Cy- happy to know that their commupress High School is a close-knit nity is showing up to support them. team with dedicated coaches and The team's success can be seen an electric group of fans that help through the hard work all the to bring energy to every game. coaches and players put in. Each player believes in the concept of w e " instead of

we're a team, so when we come out, we come out as Cypress." Head Coach Derek Mitchell also tries to reinforce the players spirit and confidence. "Before every game, I try to find a quote that they can relate to," Mitchell said. The balance of discipline and enjoyment helps the team stay focused in a positive environment.

The team's spectacular dynamic has formed between the players and coaches. Senior standout Kingston Birdsong wanted "thank my teammates and my coaches for making me better." Assistant Coach Benny Hoang highlighted this collaborative approach: "We are players' coaches; we understand, we empathize, we sympathize, and we want to get better together."

This family-like atmosphere makes even the toughest practices enjoyable. "My players are the best because I'm a hard coach and de-

> and they come to practice every day ready to work as hard as they can," said Coach Mitchell. The players' drive and commitment have helped to create a successful team and amazing environment.

mand so much



#### Girl's Basketball Returns to the Courts: **Rebuilding After High Number Of Graduates**

By REHANSA KULATILLEKE

Sonora and Yorba Linda followed.

rank from Division II to Division I

the hard work, especially with chemistry took a lot of practice." a new group of players. After last year, the team lost about half its players to graduation, resulting in a search for a fresh set of players. Coach Nathaniel **Rivera**, who has been Cypress' coach for 14 years added, "We have a young team, we're still trying...to see where our ben-

efits are-where our

strengths and weakness-

courts in November 2024 with a Although it can be quite difficult to stop them from cheering for challenging beginning against Marina start from scratch, starting something their teammates. Captain Kaiya High School losing 61-53. Losses to new can be the start of making new **Choi**, who was injured before the memories. While perfecting a new season began, explained, "Since sport while still being new to the I'm off the court this season, With Cypress' development in the team can be strenuous, support my goal is to bring energy from athletics department, the Girl's from other team members is a the bench because that affects Basketball team moved up their crucial part of building a team. our players on the court a lot."

where they currently hold an 11-9 Captain, **Morgan Mok** said, "I think The team's hard work continues after overall record. Although the team at first one of the biggest struggles every game no matter what the outis currently maintaining a winning was everybody was new...getting come is or how exhausted they record, it can be difficult to continue into a rhythm and forming the a re.

> Even off the court, the girls continue with their support of each other whenever they have the opportunity. Despite the fact that having an injury prevents a few

Girls's Basketball returned to the es are...it's a learning process." from joining the court, it doesn't



#### Girl's Wrestling Hopes For a Fourth Title of League Championships



Girls Wrestling team smiling wide, celebrating senior night. (photo by Jayden Kay Linayao)

Girl's Wrestling team is working hard to close their season with the title of League Champions. The girls celebrated their seniors on

Champions, the team has one more match to earn that trophy. "You have to get 43 points to win," Dar**ren Norris**, Cypress High School's Girls Wrestling Coach said, "once we get to 43, we win and then it's just icing on the cake after that."

find that wrestling is their way on the mat." "The hardest part It's mentally and physically draining, so you have to mentally prepare yourself for what you're going to take," Granillos explained. Wrestling is a tough sport that

As the season comes to an end, the **Peneloza**, Captains for the Girls Wrestling team, have spent the past few years learning the challenges and responsibilities of being a team captain. "Becoming January 8th, wrestling for the second captain, you had to be the one to last time on their home mat. to lead everybody, and lead by example and show them what Hoping for a fourth title of League we're supposed to be doing," Peneloza explained. Along with the responsibilities of being a captain, the girls have spent their seasons at Cypress growing their passion for the sport, and working through challenges that they faced along the way. "You get a certain feeling from winning, and you have to Varsity seniors **Nathaly Gra**- have a lot of heart for the sport, nillos, and Jordan "JP" Puluti, if you don't, there is no point in being there," Pablo stated, "... to "release anger and aggression it's very time consuming and your mind can take a toll, if you is having the will to keep going. have a poor mentality you're not going to do good in the sport, so you have to believe in yourself."

There are many challenges that requires discipline, commitment, come with wrestling, one being and hard work. These seniors are the discipline of maintaining a preparing to take what they learned consistent weight for weigh-ins. through wrestling, and input it Senior **Kayla Pablo**, and **Ariel** into their lives after high school.

## **Boys Wrestling Adjusts To New Coach**

By JAYSON KAI LINAYAO



Dylan Thienngern triumphantly defeats opponent from Sonora High. (photo by Jayson Kai Linayao)

The Cypress boys varsity wrestling kind of tough to realize, but overall team is currently 0-4 in League I just accepted it," **Derek Vu** said, and 2-4 overall. Following the "It's over and I enjoy it." Derek has retirement of long-time coach **Jon** wrestled all four years at Cypress. **Lundberg**, the team has a new coach, Alex Driggers. Driggers Through this season so far, has been in wrestling for most of the varsity team has a record his life, "I started wrestling in 8th of two wins and four losses. grade, wrestled all through high school, and wrestled all through "I'm really proud of this team and

college also," Coach Driggers said. how hard they've worked all year," Coach Driggers said, "We got Seniors are lamenting the end of some guys on the team that have their high school careers, "Since a really good shot of making it all the season is coming to a close, it's the way to the state tournament."

Girl's Basketball season debuted on November 18th, with a score of 61-53. (photo by Rehansa Kulatilleke)