

CENTURION SPOTLIGHT

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Cypress Orchestra Club Creates Music and Memories

By Jayden Kay Linayao, Video Editor



Cypress Orchestra club performed with Band at Kennedy Performing Arts Center in 2022. (Photo Credit: Grace Kim)

Cypress Orchestra Club discovers and exhibits students' love and talent for music at Cypress. Beginning in 2017, former Cypress students created a club for those who want to play in a school orchestra. Practicing and performing fun music arrangements from movies and video games to even Christmas music, Orchestra Club con-

tinues to meet up every Thursday morning during teacher meetings in Mr. Quirion's band room.

Shruti Singh, the vice president of Orchestra Club, explained why Orchestra is a good option for students. "We play music and use instruments that the normal band doesn't use, like strings. Some stu-

dents don't have the time or commitment to do a full band, or don't want to do all the marching. But if you still want to play music, it's a good alternative."

As a great alternative for music lovers, the Orchestra club performs with Cypress Band each year for the

Winter and Spring concerts at Kennedy Performing Arts Center. It can be a great learning experience for those who want to create sound with a variety of instruments.

"This club is a collaboration between students and just learning about how to function as a con-

cert-oriented Orchestra group because many students don't have that, especially at Anaheim Union High School District. We're here performing and doing things that aren't like other schools," said Jordon Vu, the president of Orchestra Club.

Hannie Lee, a sophomore member of the Orchestra Club, loves the inclusiveness of the club. "Out of all the clubs I've joined, it's the only club where I feel inclusive as if I'm in a community because we all have common interests. It's a very good experience to have fun together and make music at the same time. If you enjoy playing music, and even if you don't, I would recommend joining just for the community."

Orchestra Club is looking forward to seeing more students join and build bonds by playing music together. The QR code for sign-up will be displayed on the screen to scan during CTV announcements.

Snowy Owl Spotted In Cypress?

By Lauren Kim, Staff Writer

Just a few weeks ago, a snowy white owl came to visit the city of Cypress on Christmas Day. Locals are shocked to see why this owl has come to this quiet city and are curious to find out more about this creature.

These big birds are commonly found in the Arctic parts of Canada, and live in cold conditions. The snowy owl that came to visit our city appears to be a young female. They are found to be the heaviest owl species among all the others in North America and they need to have a thick coat of feathers in order to stand the cold Arctic climate. Their wingspans are usually about 4-5 feet and hold much power. With this, they can easily sneak up on predators and chase on their prey. The reason why this occurrence is so rare, is because they are mostly found in colder parts of the world,

while California is a bit warmer than where they live.

A teacher here at Cypress, Mrs. Shimogawa, recently witnessed this owl near her home. "I thought it was beautiful. I went with my 7-year-old and we were trying to be quiet so we didn't stress the owl out." She said that the snowy owl seemed quite big and looked like it was the size of a hawk, maybe even bigger. Shimogawa sighted this owl sitting by itself on a house roof, and it was her first time seeing an owl. This owl has colors mostly with white and gray and with little hints of darker shades as well. Her theory is that this snowy owl came from a ship from Alaska and she is still very curious.

But not only did snowy owls visit Cypress, they were also found in Carlisle, Pennsylvania.



This snowy owl has been spotted flying across a roof showcasing its wide wings (Photo Credit: Lauren Kim)

There is more to discover about where these animals came from and the teachers here at Cypress are just as curious. Neighbors, friends, and family

come out to check where this owl is headed. This owl appears on almost every local news, social media platforms, and articles. Snowy owl, where are you from?

The Body Is An Instrument, Not An Ornament

By Anelina Alegre, Editor-In-Chief

One doesn't have to be a social media guru to notice the emphasis that media has on body positivity. "Everyone's body is beautiful" is a message seen in ads, social media campaigns, and even self-help columns. Body positivity emphasizes that all bodies are beautiful, fat or small, blemished or wrinkled.

However, this notion still insinuates the significance of being attractive. A new evolving mindset has been taking place in the social sphere: body neutrality. Body neutrality takes on a neutral stance toward accepting body image by taking away one's self-worth from their physical appearance entirely. A stomach is good not because it is flat or muscular; it is good because it has a purpose: it digests food and

keeps us alive.

"Loving your body isn't believing it looks good. It's knowing your body is good regardless of how it looks." This is how life coach Amy Lee defines the concept of body neutrality in her video My body is not my worth • Body Neutrality." One's body does not have value because it is beautiful, but rather because it is a body that nourishes and takes care of the self.

Olivia Sun, a YouTube video essayist who analyzes media patterns in the social sphere, helps define the difference between body positivity and body neutrality. "Body neutrality focuses on bodies as an instrument rather than an ornament," she says in a video essay breaking down this growing concept. "It shifts the attention

from appearance to function. It preaches respect for your body in the way it allows you to move and experience life. It's about accepting your body as a body."

Though body positivity has had its impacts on insecure bodies everywhere, body neutrality is a concept that may resonate more with those who have trouble accepting their bodies. This new breakthrough in radical self-acceptance can bring larger inclusion to those who feel troubled in their own skin, and may hopefully make it easier to love one's body for who they are.



Body neutrality aims to change the value of beauty in society.

(Photo Credit: Anelina Alegre)

Ticketmaster Falling Apart?

By Deborah Son, Student Activities Editor

Multiple places where tickets are sold like Stubhub, SeatGeek, and Ticketmaster, have encountered recent scandals, although previously they were reliable. Disappointing many fans all over the world, there were additional high fees, site delays, and cancellations.

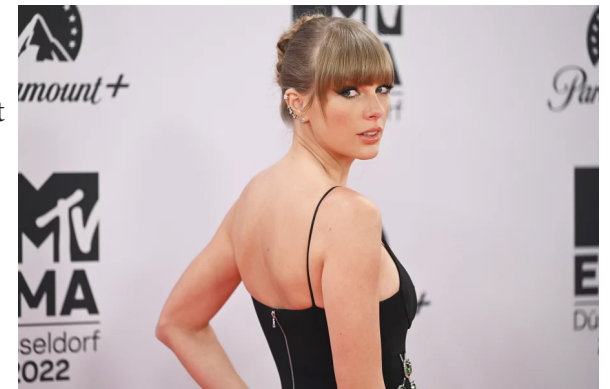
The beloved artist, Taylor Swift is on her tour, "Eras." The pre-sale for her concert was on Tuesday, November 15 on Ticketmaster and broke the record for most tickets sold in a single day. However, many fans complained that they ran into an issue and multiple people could not tell if they got the ticket or not.

Because two million people were demanding tickets, the rush led to glitches on the website. According to washingtonpost.com, there was a "staggering number of attacks." Therefore, it is reported that Ticketmaster is giving second chances to buy tickets for Taylor Swift's concert to the fans. as well as send emails to the Verified Fans who were not able to get them. Sending out apologies on cnn.com, Taylor Swift said, "It's truly amazing that 2.4 million people got tickets, but it really pisses me off that a lot of them feel like they went through several bear attacks to get

them."

Not only was Taylor Swift's concert affected, but fans could not get into the previous Bad Bunny's concert in Mexico because of tickets fraud on Thursday, April 15. Hundreds of fans were said to not be able to get into the concert because there were duplicated tickets. Over the weekend, tickets were rejected, with Ticketmaster to blame and sued by many.

With high fees, ticket companies need to do better.



Taylor Swift is releasing additional tickets for the fans that had trouble getting them for her "Eras" concert.
pc: billboard
(Photo Credit: Deborah Son)

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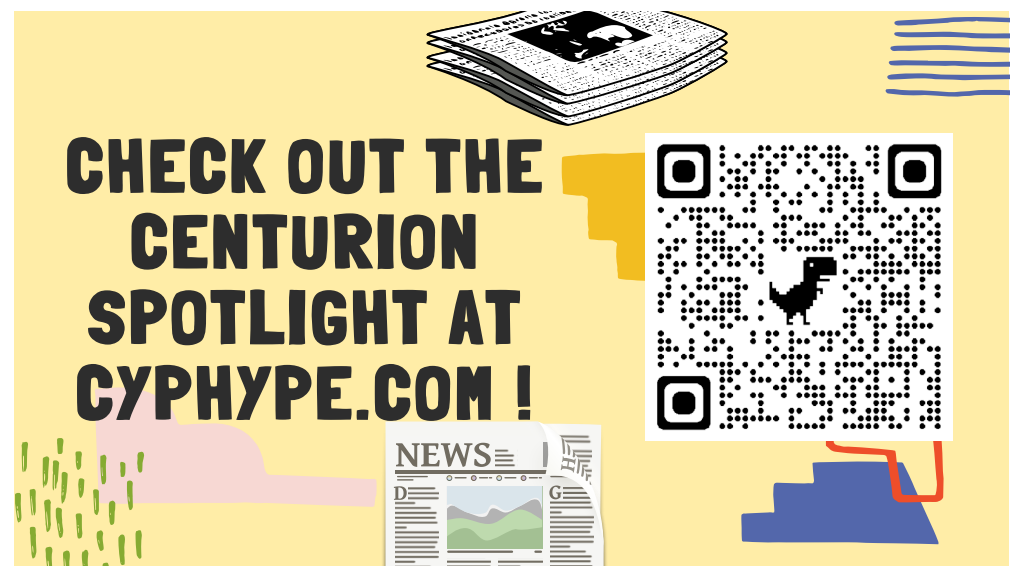


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ABOUT THE STAFF



FEATURES

Centurions Share Their New Year's Resolutions

By Jonathon Rice (Staff Writer) and Anish Ashokkumar

Approximately 2,000 years ago, Julius Caesar of the Roman Empire made Jan. 1 the first day of the New Year, and then the Romans made promises to deities to become better in the New Year for them.

We still make resolutions to this day, doing it to become a better version of ourselves. Mrs. Brief, criminal justice and legal careers teacher, says her New Year's Resolution is "to be more sensitive to others around me" and to "be more patient." Mrs. Frank-Johnson's New Year's Resolution is "to keep to my

routine" whereas Mrs. Armstrong's New Year's Resolution is "to live in the moment" as she is a very busy individual with many things happening around her.

Freshman Lucas Fong states that his New Year's Resolution is to "be more kind in general." New Year's Resolutions are expected to be celebrated for years to come. All resolutions are unique and great in their own ways and a great tradition in society.



Many Centurions are trying to stick to their New Year's Resolutions.

(Photo Credit: Getty Images)

A Collection of Optimistic Answers by Cypress Teachers and Students

By Kylie Madrid, Staff Writer



What would you do if you could change the world?

(Photo Credit: Kylie Madrid)

What would you do if you could change the world?

This is what a handful of Cypress High students and teachers had to say:

"Some of the biggest issues in the world are political issues, so I think that'd be my answer. It's mostly political unrest and higher ups of countries not doing what they're supposed to be. It's one of the reasons for poverty."

Interviewer: So you would make politicians care more about the people they're governing?

"Yes!"

– Kaitlyn Manntai

"If I could change the world, I would make people think before they speak, because a lot of people tend to speak without actually thinking and that causes pain for a lot of people."

– Fizz Aguayo

"If I could change the world, I would want to make it so that people could not lie in court. It shouldn't be that whoever creates the best story gets off, far more justice would be served if no one could lie."

– Shahed Alsafar

"I think I'd make people treat each other equally and with respect. People not being racist or sexist to each other, just treating everyone okay and not looking down on them for who they are."

– Eric Arevalo

"I chose this job because I wanted people to realize how beautiful math can be, and how it can help simplify your life if you look at things in a more logical and organized manner. I wanted to bring that passion alive and hopefully help other people realize that. That was my contribution, that's why I chose to do this job. At the same time, I don't just teach math, I

teach life skills, and I try to help people become better along the way. If I were able to make any difference in the world, I would try to make everyone more respectful, understanding, and empathetic towards each other. I feel like if we could understand a little bit more of what everybody's story is and where everyone's coming from, we'd realize that everybody has a story and things that they've survived, I think that we'd have a lot of different experiences."

– Ms. Espinoza

"Stop world hunger. People starve a lot, and they don't have food to eat."

– Peter Gondaet

"I'd instill more respect for people, so they'd not be so quick to spurn differences and different viewpoints on topics. Definitely try to get people to be more open minded and more open to the idea that they could be wrong. I think we're naturally opposed to that which opposes us. Nobody likes to be proved wrong, but eventually it will happen. You just kind of have to accept that. That sometimes you are wrong, and you're not always going to be in the right. I think the respect aspect is what makes you change, be able to grow, and see that there's other sides to whatever you're looking at."

– Steven Martinez

"More open mental health facilities. I've found that it's kinda hard if you have to go super far just to get to a therapist."

– Lynne Vargeson

"I believe that I am already changing the world and am doing what I can to both help students learn about history (and now psychology) but also give them safe, positive experiences, allowing them to develop as people and students both interpersonally, socially/emotionally, and academically. But also, I recycle! One of my cars is a hybrid so I'm trying to use less fuel. And I'm trying to spread kindness."

– Mr. Herrick

"More week days where there's no school."

– Aidan Yim

Trailblazers of Cheer and Colorguard

By Jayden Kay Linayao, Video Editor

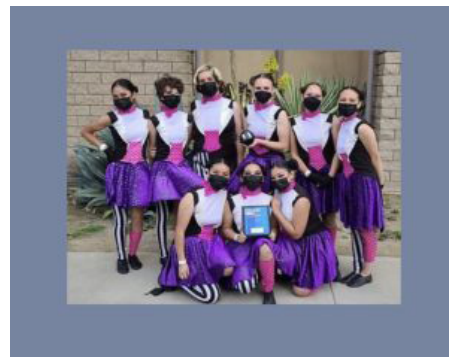
Cheer and Color Guard are conventionally stereotyped as a team of popular and athletic girls. At Cypress High, these three trailblazers are here to shatter those stereotypes and clear the way for future guard and cheer members. What would it be like to be the only ones of your gender in a gender stereotyped sport.

Cheerleading is often dramatized in TV shows as an only women's sport, but Cypress Cheer Captain Tyler Liang believes that cheering is for anyone of any gender. "It's a little nerve racking sometimes where I'm the only boy standing out with a different uni-

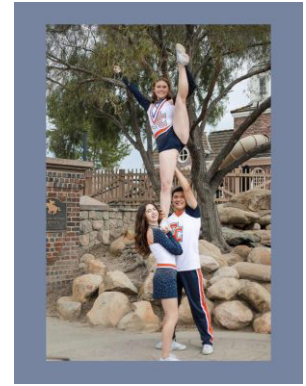
form. . . I just take a deep breath and realize that everybody on that team supports me and loves me and cares about me and that I'm not alone," Liang explained. "My favorite thing is how close we are to each other and how there is always somebody in my corner."

Freshman Sawyer Woodrum and Junior Connor Shearin, the only two boys on the Colorguard team, collectively disagree with the cliché of Colorguard being seen as a sport for just girls. "I feel like we need to break the stigma that guard is only for girls because we are literally just spinning flags." Woodrum protests "What makes

that say that this sport is only for women?" Shearin finds the feeling of performing as if you're "entering a realm and it's bringing in a persona and you just perform and you're just excited to be in there."



Connor Shearin (third in top row) with his team's first place award in their winter show in 2022. (Photo Credit: @cypguard)



Tyler Liang (bottom right) holding up his stunting teammate (Photo Credit: Tyler Liang)

Special Ed. Department: Specialized Programs in Action

By Mia McMurray, Staff Writer

Cypress High School has students with a wide variety of backgrounds and characteristics that make them unique. Diversity among students is a strength! Our school has a few programs geared towards meeting the needs of students with intellectual and/or developmental disabilities. We have two programs called Autism Focus and Life & Academic Skills 2 (LAS 2). The teachers and instructional aides help educate the students in a manner that best meets their learning needs.

Some of the students in these programs enjoy interacting with their peers on campus! One of these students is freshman Matt Lucero, who enjoys spreading kindness to others and showing his appreciation toward his teachers. Matt also frequently walks around campus sporting his big smile and saying hello to all of his friends.

One instructional aide is Ka-

lan Jackson. Jackson enjoys working with Autistic students because she loves to see "the world through their eyes." She started working with special education students in 2019 after having been a preschool teacher. Working with these students and her fellow co-workers has also helped her on a personal level. "It's really allowed me to grow as a person. I really enjoy my time with this group of kids," Jackson states.

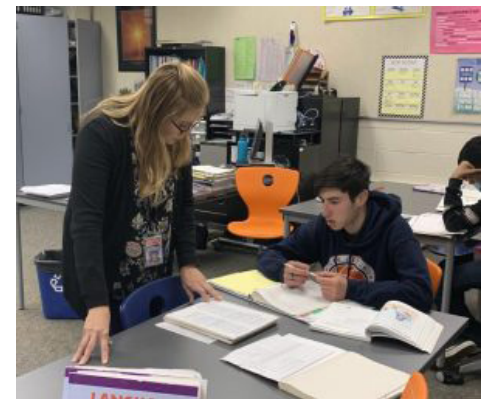
Mrs. Whiting, the teacher of our LAS 2 class, enjoys getting to know her students and learning about what makes them unique. Whiting's class focuses on functional, daily life skills, and her students take all of their academic subjects in her class. They also attend a general ed. elective and two years of PE alongside their peers. When students are in class, they work on skills that are not always

covered in general education courses. Her classes' curriculum includes learning vocational skills, daily living skills, and community-based instruction to help students navigate their community efficiently and safely.

The Autism Focus classes are taught by Mrs. Jackson. Her class differs from Mrs. Whiting's in that it is more academic in nature. What Jackson enjoys most about her job is "working with the students and seeing the progress they make and being able to see that they're out there and utilizing what is taught to them." She wants people to know that the students in her class "are very accepting of others, they want to have friends, they also want to fit in and be liked by others."

The specialized programs at Cypress demonstrate the importance of including all students, especially in social opportunities at school.

Every student deserves the opportunity to learn at their own pace and build friendships with their peers. Not all students learn the same way, and these classes provide students with the support they need in order to reach their goals and have their best high school experience.



Mrs. Jackson enjoys seeing the progress her students make in class. (Photo Credit: Mia McMurray)

Vivienne Westwood Death Means End Of An Era

By Juliana Dubois, Staff Writer

Famous designer and businesswoman Vivienne Westwood most famously known for her Saturn pearl choker, worn on all the necks of Gen-Z teens, passed away on December 29th, 2022. Her legacy for making feminine punk rock clothes, will always be remembered.

Westwood was born April 8th 1941. Her style was highly influenced by the era. Mini skirts, high ponytails and red lipstick

being the blueprint for their time. Westwood's work is described as a modern funk equipped for all. With that being said, her work has been successful and is still being used for over the past decade. In the 90s Westwood became famous for her diamond Saturn choker.

The Choker, recently made a comeback in 2022- 2023 fashion. Many teens are styling the choker with formal attire. Singer/songwriter Dua Lipa was seen at the 2021 Brits award wearing a custom

Westwood choker. Bella Hadid was also caught by paparazzi wearing a Westwood corset recently.

Westwood left a legacy, and will always be remembered for elegant style that will be remembered and used throughout fashion for years to come.



Vivienne Westwood was a great designer loved by all (Photo Credit: Juliana Dubois)

Avatar: The Way of Water

By Deborah Son, Student Activities Editor

The long-awaited Sci-Fi/Action movie, *Avatar: The Way of Water* came out on December 16, 2022. Fans were waiting for the second movie because it took over a decade for it to come out after the first one in 2009. It is three hours and twelve minutes long, sharing the story of the Sully family's encounters. They go through many ups and downs together to keep everyone safe, without leaving anyone out. This heartfelt movie teared up viewers making them anticipate what was coming next. While some complain that it's too long, others say the storyline and detailed graphics make up for it. Even if

you don't watch the first movie, it is possible to still be able to understand the script of the second movie. The thrilling plot twists excite the viewers and give them an adrenaline rush. The main characters in the movie were Jake Sully, Kiri Sully, Neytiri, Neteyam, Lo'ak, Spider, Ronal, Tsireya, Tuktirey, and Aonung.

Some places where the movie is shown are Regal Edwards, Harkins Theaters, CGV Cinemas, AMC, and many more. Online streaming services are also available on Roku, Netflix, Hulu, Amazon Prime Video, and Disney Plus with a subscription. It is also reported that it would be

included in Disney Plus eventually as well as you can buy/rent the movie on iTunes or Google Play.

Jake Nguyen, a sophomore at Cypress High School said that it was one of his top movies of 2022. He watched it in December, the day before Christmas at the Westminster Regals Cinema. He said, "It was a great movie. I like how Neytiri always watched over her kids and killed almost everyone when her son died. The movie keeps you on your toes and there is hardly a dry moment."

Avatar 3 is expected to be released around December 2024.



The movie, "Avatar: The Way of Water" attracted many viewers after it was released in theaters. (Photo Credit: Deborah Son)

New Film Shines Spotlight On Whitney Houston's Life

By Carly Pedroza, Staff Writer



Amazing singing and acting performances make this movie great, even for those not familiar with Whitney Houston's career.

(Photo Credit: Carly Pedroza)

A new drama musical *I Wanna Dance With Somebody*, based on the well-known singer Whitney Houston, and directed by Kasi Lemmons, was released on December 23, 2022. The movie explains how Whitney rose to fame in the 1980's and became one of

the greatest singers in her generation.

The movie stars Naomi Ackie as Houston, Stanley Tucci as Clive Davis, Ashton Sanders as Bobby Brown, Tamara Tunie as Cissy Houston, Nafessa Williams, Robyn Crawford & Clive Davis himself. The movie was filmed in Arlington, Boston, New York City, Newark and Tampa.

In the movie, Clive Davis plays a big part due to the fact that he was Houston's record producer. So who really is Davis? Davis is a 90-year-old man born in 1932 in New York. He is a well-known record producer, and one of the most respected names in history. I

n 2001 Davis became a lawyer at a huge record label. Since he became a lawyer he has been in a number of movies like *Cant Stop Wont Stop*, *Little Girl Blue* and three movies about Houston.

The African American director Kasi Lemmons, from St. Louis, has been directing since 1997. Lemmons has directed quite a few other films such as... *Talk to Me* in 2007, *Black Nativity* in 2013, *Harriet* in 2019. Lemmons also directed a few Netflix limited series, such as... *Self Made* in 2020 and an episode of ABC's *Women of the Movement* in 2022.

The good thing about this movie is even if you're not a big fan of Houston, you can still enjoy the movie because they do a fantastic job explaining her life and how she became so famous. On top of that,

the performances are amazing and the singing is phenomenal.

Some of the facts they gave early in the movie include that Houston was in choir at her home church and she was a backup singer for her mom. Clive Davis came to see Houston's mom's show because the owner of the club wanted him to see Houston perform backup for her mom. However when Houston's mom saw that Davis was there, she pretended to lose her voice so that way Houston would have the spotlight.

As of January 14th, 2023, *I Wanna Dance With Somebody* made \$22.2 million in the US and \$27.1 million in Canada. Overall the film made \$49.3 million. The movie is a quick two hours and 25 minutes. Common Sense Media rated the film at a 3/5 and IMDb rated it at a 6.9/10. The audience rating was 4.3 with 4/5 stars.

Puss in Boots "The Last Wish"

By Nicolas Vega, Staff Writer



The newest Puss In Boots movie keeps the tradition of cuteness. Photo Credit: Carly Pedroza

The newest version of Puss In Boots keeps the traditional talking animals and cuteness. But this version includes a new villain or protagonist that was thought to be a bounty hunter, turning out to be Death himself. Puss In Boots

also includes lessons about sacrifices to help those you love, not living in the past, and focusing on what you have now.

Puss in Boots scored 95% on Rotten Tomatoes, which was better than any

movie that was out at the moment. Here is what CHS students and staff had to say:

Nicholas Hernandez said that he felt like the movie was displayed as a lesson on how to face your fears and be grateful for what you have

now. He also says that he thinks Puss went through ups and downs throughout the movie and was able to accept it. His favorite part was when Puss met the dog dressed as a cat. He thinks people should watch this movie because it has many interesting parts/scenes.

Maryam Almachal likes the meaning of the movie because it shows that you have to take some sacrifices in your life. She thinks that Puss had a lot more growth in the movie because his whole goal was to get a wish and destroy it for his friends. Her favorite part is when Puss and Kitty reconnect for the first time in the movie. She believes people should watch this movie because it was good and it had a cute meaning.

Mrs. Fenton (Dance Teacher) loved the fact that everyone in the movie was able to express themselves and

unite. She thinks that Puss had the most growth in the movie because at first he was so full of himself and put himself in front of others. However, in the end, he sacrificed everything for his friends. Her favorite part was when Puss, Kitty, and Perro were making cute eyes and when Perro tried, his eyes started popping out. This is a movie to watch because she describes it as a movie with lots of singing and dancing, a positive message, and appropriate for all ages.

Even though it is Dreamworks animation, the film is appropriate for all ages. It can be an exciting movie for adults, and a life lesson for kids. This shows them that there is more to life than just what you want to do, and should start thinking about everyone else around as well.

Boy's Basketball 2nd in Empire League

By Reid Hulst, Staff Writer



Cypress boy's basketball season has earned them a 4-1 record in Empire League with an overall record of 12-11, split relatively equally between wins and losses. They are currently tied 2-2 at home, up 6-5 away, and tied 4-4 at neutral locations.

Their latest game was last Friday, Jan. 25 against Edison, which ended in a loss of 48-40. Cypress is currently second in the Empire League with a win loss ratio of 0.522 following the latest game. Cypress has regained some vigor over the past few competitions, boosting

their away record to a winning ratio. "This season has been filled with ups and downs with plenty of adversity. When asked about the challenges of the season, Senior Kason White said, "When we go on tours against D1 teams, it's pretty challenging. We do our best to stay conditioned during practice to not get tired."

When asked about challenging games White explained, "When the game gets tough, we try to come together and try to talk about our strategy. We also try to bring that communication onto the court," he said.

Centurions Sidelined By Injuries

By Benjamin Viveros, Staff Writer



Sports injuries play a serious role in an athlete's career.

(Photo Credit: Benjamin Viveros)

Many athletes' careers and experiences are affected by sports injuries, such as concussions, or even major injuries that require surgery.

Some injuries can be very serious, possibly fatal, like what happened to Buffalo Bills safety Damar Hamlin a few weeks ago. While playing football, Hamlin was hit in the chest with a helmet.

He stood up but quickly collapsed and went into cardiac arrest. The assistant athletic trainer Denny Kellington performed CPR and used an AED (automated external defibrillation). Hamlin stayed in the hospital for nine days before being released, but these injuries don't just happen at the professional level.

This season, CHS Varsity football player Memphis Stover suffered three different concussions.

He even fell unconscious on the field. He commented, "I was hit and I started walking but felt very dizzy. All of a sudden I woke up on the floor face down with a bunch of people around me." Stover couldn't continue playing football and had to stop working out. He said, "It helped me realize not everything is guaranteed and you always gotta make the best out of everything." He plans to continue playing

football in college.

Junior Troy Groover was wrestling at the Downey Duals when he was hurt. Groover dislocated his kneecap in the first period. He said, "When the opponent was trying to turn me, he was pushing my knee into the mat with his shoulder. Then my kneecap came out." Groover said that he misses being able to practice and wrestle. He plans to continue wrestling for his senior year.

Here at Cypress, our athletic trainer is Marcy Lloyd. Coach Rick Feldman says that Cypress is lucky to have her. "She always does a really good job of assessing the player that's hurt," he says.

Students at Cypress are lucky to have a trainer, but injuries will always happen. It is always best to stay safe while playing sports.



Memphis Stover has received three different concussions causing him to stop playing football this season.

(Photo Credit: Benjamin Viveros)



Troy Groover's gruesome knee injury kept him on the sideline. (photo credit: Troy Groover)

The Sportsmanship Of Girls Basketball

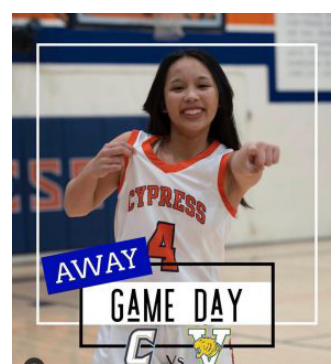
Our Girls Basketball team is on fire and ready to show the other schools what Cypress High is made of. Our girls have trained hard to show what they are capable of and also try to have fun in any way they can. The team has a strong bond when it comes to competing with the other team. They show great sportsmanship on and off the court and have excellent teamwork skills.

Myia Collins, team captain, loves her team and her sport so much Collins said, basketball is like an outlet for life. "I use it to express my emotions." "Also, I love being a part of the whole team thing, having teammates, the coach, just

as a little family, you know, you could rely on them." Collins said her team helps her be more confident and connect to the sport. "It feels good to win together. And when you lose together, you know, you kind of feel that together as a whole." They proved that their bond is strong and that they trust each other when they beat Pacifica 60-43 and beat Tustin 82-47. Their journey together has helped each other improve and grow stronger. Collins journey has been eventful through the years at Cypress. She said, "My first year I was nervous. I'd never done it before, but now as a senior captain...I don't feel nervous or

pressured as much."

Girls' basketball is going to crush this year's games because they have faith in each other, and they will reach their goals together.



Cypress girls play with pride. Photo courtesy of Cypress girls' basketball Instagram (Photo Credit: Alex McDevitt)



Girl's b-ball beat Pacifica 60-43. Photo courtesy of girls' basketball Instagram

(Photo Credit: Alex McDevitt)